



**Pre-School &
Kindergarten**

PAL
International School

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3-7-15 Nishi Azabu, Minato Ku, Tokyo 106-0031 Ph:03 5770 8166 info@pal-school.com

Core Fundamentals

Core Fundamentals Art Class

1st and 3rd Tuesday's 3:30-4:30pm

- Well before a child can express themselves creatively and artistically, a child must first learn how to use art materials technically.
- Our students learn how to master the use of materials, and then use their own ideas, thoughts, and creativity to show the world what they think and feel.
- Your first step in developing your child's growing mind.

I want my child to create magnificent artistic masterpieces.

Club Activities

Core Fundamentals Gym Class

2nd and 4th Friday's 3:00-4:00pm

- Well before a child can play sports of any kind, they must first learn the basic core fundamentals of fitness.
- With even the smallest instruction, students challenge and motivate themselves to understand their own body, balance and co-ordination.
- A healthy body is a healthy mind.

I want my children to grow up to be amazing sports men and women.

